

## SAPWUNG KASALEHDAHNG KEPIN WAKSIN

# Waksen en MMRV (Misel, Mamps, Rupella, oh Varicella): Soahng me Komw Anahne Ese

## 1. Pwata e mwahu kitail en ale waksin?

Waksen en MMRV kakete tumwuki misel, mamps, rupella, oh varicella.

- MEASLES (M) kin kahrelda pire, kohkohk, ngenge siling, oh mese mwengek me pilapilap, oh met kei pahn kohlahte sang apwalihk me kin pokonpene pali laud en kalahngan. E pahn mehn mwahuki seizures (mehn pwehn associated pwehn fever), ear infections, diarrhea, ohpwe pneumonia. Sohte rar, misel kak kahrelda kehng en atail mohngiong de mehla.
- MUMPS (M) e pahn mwahuki fever, headache, muscle aches, tiredness, loss pwehn appetite, ohpwe swollen ohpwe tender salivary glands mehn pwehn ear. E pahn mehn mwahuki deafness, swelling pwehn brain ohpwe spinal cord covering, painful swelling pwehn testicles ohpwe ovaries, ohpwe, rare mwahuki death.
- RUBELLA (R) e pahn mwahuki fever, sore throat, rash, headache, ohpwe eye irritation. E kak kahrelda auetik laud nan pwupwud akan ong hapw tehk oh lih akan me reirei reirei, ekei pak. Ma emen lih kin ale soumwahu en rupella ni ahnsou me e pwopwoud, e kakete pwupwud laud de nah seri kak ipwidi rehn kehng laud akan.
- VARICELLA (V), me adaneki pil “soumwahu en pilipil,” kin kahrelda apwalihk me kin kerekere, pahn pire, meteki, sohte mwashahn mong, oh auetik nan mohngiong. E kakete kahrelda soumwahu nan kili, soumwahu nan pwohng me adaneki pneumonia, kehng nan pali pwupwud me kin kahrelda pwupwud en kohkoh (me kin kahrelda pali pwupwud en pokonpene oh auetik), pokonpene en pali me pokonpene mohngiong de pali me pokonpene tuhke likou, oh soumwahu nan pwupwud, iuk, de pwupwud akan. Ekei aramas me ale soumwahu en pilipil kin ale apwalihk auetik tohrohr me adaneki “shingles” (me adaneki pil herpes zoster) mwurin soun laud.

Pali laud en aramas akan me kin ale waksen en MMRV pahn momourki tumwuk likou kohkohdo. Waksen oh pali laud en aramas me kin ale waksen se kahrelda soumwahu pwukat en sohte rar rongorong nan wehin Amerika.

## 2. MMRV waksen

Waksen en MMRV kakete anahne ne alehdhi ong seri me pwopwud met 12 soun tikitik lao 12 soun lapalap, imwete:

- First dose mehn age 12 pwehn 15 months
- Second dose mehn age 4 pwehn 6 years

Waksen en MMRV kakete anahne alehdhi pahi rehn waksen teikan tohrohr. Sohte waksen en MMRV, ekei seri kakete ale tuhke tohrohr ong waksen en MMR (misel, mamps, oh rupella) oh waksen en varicella. Tohtor omw kak kahrelda sapwung tohto ong komw.

Many vaccine information statements are available in Spanish and other languages. See [www.immunize.org/vis](http://www.immunize.org/vis)

Sapwung kasalehdahng kepin waksin mie nan Spanish oh pil nan lengoa teikan tohto. Kekene [www.immunize.org/vis](http://www.immunize.org/vis)

## 3. Koasoia re tohtor omw

Kasalehdahng irail me kin kahrelda waksin ma aramas me pahn ale waksin:

- Somwehla alehdhi apwalihk mwurin ale waksen en MMRV, MMR, de varicella mwohn, de e ale apwalihk laud me kak kahrelda mehla
- Pwopwoud de lokaia me kakete pwopwoud – lih pwopwoud sohte anahne ale waksen en MMRV
- E ale manaman en tumwuk likou me mengei, de e ale paahpah, pwuti, de siso me somwehla ale sawas laud ong manaman en tumwuk likou me kin kohsang tohrohr de sang ipwid
- Somwehla alehdhi soahng ehu me kahrelda e kin mwengek mwadang de ngenge pwupwud mwadang
- Somwehla alehdhi kengkeng mwohn, de e ale paahpah, pwuti, de siso me somwehla ale kengkeng mwohn
- Kin ale de pilipil en ale soahng kisin wai me adaneki “salicylates” (kotin aspirin)
- Ale pwupwud sang aramas teikan de soahng pwupwud teikan ni ahnsou keren uhk
- E ale soumwahu en TB
- Somwehla ale waksen teikan nan epwiki 4 ehu me kerendohr Ni ekei ahnsou, sounapwalih omw tumwuk likou kakete pilipil en kauwehla apwalih seri waksen en MMRV lao ahnsou tohrohr de kakete sapwungki seri en ale waksen en MMR oh waksen en varicella tohrohr sohte waksen en MMRV.

Aramas me mie soumwahu tikitik, sukaleki karakar, kak pil ale waksin. Seri kan me soumwahu laud de soumwahu kaselel anahne warohng lao re pahn perenla mwohn re ale waksen en MMRV.

Tohtor omw kak kahrelda sapwung tohto ong komw.



Dipatmen en Wehin Merika duwen  
Kemehla oh Sapwung en Mour en Aramas  
Sentahs akan ong Kemehkihla oh  
Kemehkihla Soumwahu

## **4. Kahpwal en allergic reaction sang waksin**

- Auetik nan pehki sang tuhke, mwengek wasa me tuhke kohie, pire, oh apwalihk tikitik kak pwarodo mwurin ale waksen en MMRV.
- Pokonpene en pwupwud nan mese de likou de auetik oh kengkeng tikitik nan pwupwud akan ekei pak kin pwarodo mwurin ale waksen en MMRV.
- Kengkeng, me pali laud kin kohdo pahi rehn pire, kak pwarodo mwurin ale waksen en MMRV. Apwalihk en kengkeng laudlok mwurin ale waksen en MMRV sang ni ahnsou me seri tikitik akan kin ale tuhke mwohn ong waksen riau tohrohr en MMR oh varicella. Sounapwalih omw tumwuk likou kakete sapwungkomwi duwen waksen me rasehng ong omw seri.
- Apwalihk laud akan kin pwarodo sohte rar, pil ipwidi tikitik en pali pwupwud me kak kahrehdha pwupwud sohte mwadang de mwengek sohte mwadang, me kak pwarodo ahnsou tikitik.
- Reh aramas akan me manaman en tumwuk likou irail mengei laud, waksen pwukat kakete kahrehdha soumwahu tohrohr me kak kahrehdha mehla. Aramas akan me manaman en tumwuk likou irail mengei laud sohte anahne ale waksen en MMRV.

Ma aramas ehu pwarodo apwalihk mwurin ale waksen en MMRV, apwalihk menet kakete kohsang pali misel de pali varicella nan waksen menet. Virus en waksen en varicella kakete pwarodo ong aramas me sohte tumwuk likou. Erihsohte me pwarodo apwalihk anahne dohsang seri tikitik akan oh aramas akan me manaman en tumwuk likou irail mengei lao apwalihk menet pahn suwed. Sapwungki sounapwalih omw tumwuk likou pwe komw en ese likahda.

Ekei aramas me kin ale waksen en tumwuki soumwahu en pilipil kin ale apwalihk auetik tohrohr me adaneki "shingles" (me adaneki pil herpes zoster) mwurin soun laud. Met mengei tikitik pahn pwarodo mwurin ale waksen sang ni ahnsou me pwarodo mwurin ale soumwahu en pilipil.

Aramas kin mwadang mwuri wiwi sohte ong kemehla, patohwan ale waksin. Aramas kin mwadang mwuri wiwi sohte ong kemehla, patohwan ale waksin.

Diherehng sohte teikan, mie kisin chance tikitik me waksin kak kahrehdha allergic reaction lapalap, kehkehlik lapalap teikan, de mate.

## **5. Dahme ma mie soumwahu lapalap?**

Mehnpil allergic reaction e pahn wiahn pwehn mehnpihl keihdahr pwehn mwahuki ehu mwahsehs pwehn clinic. Sohn en wahu pwehn mehnpihl depein allergic reaction (hives, sohtepwe en likou ohpwehn lihmwahu, sohtewepwepwe en lihmwahu ohpwehn likou, sohtepwe en pwehn wiahn, pwehn mwahuki, ohpwehn mehnpiwehn mwahsehs), kahlilng 9-1-1 ohpwe pwehn mehn mwahsehs pwehn hospital.

Pwehn ke wahu men mehnpihl ehu pwehn kahlilng mehn mwahuki pwehn keihdahr.

Mehnpil depein takai e pahn ke report pwehn Vaccine Adverse Event Reporting System (VAERS). Mehn mwahuki pwehn keihdahr e pahn ke report pwehn, ohpw e pahn ke pwehn wiahn. Kohdo nan website en [www.vaers.hhs.gov](http://www.vaers.hhs.gov) de kahsik nan number telepon **1-800-822-7967**. VAERS iei wasa en repotkihla soahng sohte mwahu me kohsang pwohng, ah sounpadahk en VAERS sohte kin kihda kaweid en soumwahu.

## **6. Pwehn National Vaccine Injury Compensation Program**

National Vaccine Injury Compensation Program (VICP) iei ehu program en federal me wiekairda pwe en liakhikhla aramas me kakete diar kehkehlik sang waksin teikan. Kisim kadehde duwen kehkehlik de mate me kahrehdha sang waksin mie ahnsou me lipilip pwe en angei, me kakete tikitik duwehtha riau soun. Kohdo nan website en VICP nan [www.hrsa.gov/vaccinecompensation](http://www.hrsa.gov/vaccinecompensation) de kahsik nan number telepon **1-800-338-2382** pwe komw en ese duwen program menet oh duwen omw en wiahda kilehm.

## **7. Ifa ifa ua sipwe sinei lapalap?**

- Kerehdi re tohtor omw.
- Meka local r state health department.
- "Kohdo nan website en VICP nan [www.hrsa.gov/vaccinecompensation](http://www.hrsa.gov/vaccinecompensation) de kahsik nan number telepon 1-800-338-2382 pwe komw en ese duwen program menet oh duwen omw en wiahda kilehm inserts ohpwe additional information mehn [www.fda.gov/vaccines-blood-biologics/vaccines](http://www.fda.gov/vaccines-blood-biologics/vaccines).
- Kasalehdahng re Sentahs akan ong Kemehkikhla Soumwahu oh Kemehkikhla (CDC):
  - Phone **1-800-232-4636 (1-800-CDC-INFO)** r
  - Fengen a website rehn CDC en [www.cdc.gov/vaccines](http://www.cdc.gov/vaccines).

